

OKAMI MARTIAL ARTS TIMETABLE



MONDAY	WEDNESDAY	SATURDAY	SUNDAY
PRITTLEWELL	THORPE BAY St. George's Church Hall, St Andrew's Road (for Sat Nav, use this), SS3 9DH	PRITTLEWELL	PRITTLEWELL
Southend Street Gym, Priory		Southend Street Gym, Priory	Southend Street Gym, Priory
Works, Priory Avenue, SS2 6LD		Works, Priory Avenue, SS2 6LD	Works, Priory Avenue, SS2 6LD
5 - 5.45pm	5 - 5.45pm	10 - 10.45am	4 - 4.45pm
Little Dragons - 3-7 yrs	Little Dragons - 3-7 yrs	Little Dragons - 3-7 yrs	Little Dragons - 3-7 yrs
6 -7pm	6 - 7pm	11 - 12pm	5 - 6pm
Family Karate (ages 8+)	Family Karate (ages 8+)	Family Karate (ages 8+)	Family Karate (ages 8+)
7 - 8pm Mixed Kickboxing	7 - 8pm Mixed Kickboxing		